

**MONTGOMERY COUNTY HEALTH
DEPARTMENT**

**2014/15 Pedestrian
Safety Resource and
Education Kit**

This guide has been prepared for your school with the goals of raising awareness of dangers to pedestrians, reducing injuries in our neighborhoods and around our schools, and providing resources for administrators, teachers, parents and students.

**Pedestrian Safety Kit
Contents:**

- **Pedestrian Safety Curriculum**
- **Classroom Activities & A Walking School Bus**
- **Parent and School Personnel Education Information**

***Contact Pat Fallon, Health Educator
Montgomery County Health Department***

610-278-5117 x 6782

pfallon@montcopa.org



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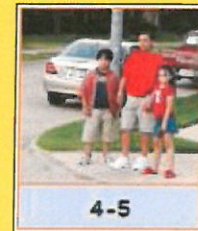


Child Safety Curriculum

The Child Pedestrian Safety Curriculum lesson plans, assessment guides, and student response forms teach and encourage pedestrian safety for students grades Kindergarten through 5th Grade. It is organized into five lessons: walking near traffic, crossing streets, crossing intersections, parking lot safety, and school bus safety. Each lesson builds upon the previous set of skills learned.

Child Pedestrian Safety Curriculum

Teacher's Guide



<http://www.nhtsa.gov/ChildPedestrianSafetyCurriculum>

Visit NHTSA's pedestrian Web pages for lesson plans and additional information.



**EVERYONE SA
PEDESTRIAN**



Classroom Activities



1. Pedestrian Safety Lesson
2. Pedestrian Safety Poster Displays
3. Pedestrian Directional Icons Signs
4. Sidewalk/Street Graphics
5. Create Walk to/from School Programs
6. Create Walking School Bus Programs
7. Develop Safety Town Demonstrations
8. School Perimeter Walk/Run
9. Sponsored Lunch and Learn Activities
10. Peer-to Peer Panel In-Class Discussion
11. Halloween Safety Presentations
12. Walk on the Witch Games
13. Pedestrian Safety Videos
14. Guest (Health Department/Police) Presentations
15. Walk Teams
16. Health Class Exercise Routines
17. Decorate Your Sneakers
18. NHTSA Get to School (and Back Again) Safely Game
19. Create Safety Messages to display in the classroom and around the school
20. Develop a yearly health and safety fair at the school.

A Walking School Bus

A Walking School Bus is... powered by legs rather than an engine, designed for students who live within a mile of their school. It allows a designated adult supervisor ("bus driver") to "pick up" each student at a designated meeting place on the way to school. The group of students walks to school, quickly and safely, along a set route and under the guidance of trained adult supervisors, all the while enjoying fresh air, exercise and conversation. School administrators, parents and community members collectively plan the designated walking routes, coordinate the student pick-up locations and times, and organize the chaperone schedule for adults volunteering as "bus drivers".

When parents are reluctant to allow their children to walk to school, safety is one of the most common reasons given. Providing adult supervision can help address safety concerns for families who live within walking or bicycling distance to school, and a walking school bus program seeks to do just that, along with a healthy dose of fun.

A walking school bus can be as informal as two families taking turns walking their children to school or as formal as a well-planned walking route with meeting points, a timetable and a regularly rotated schedule of trained volunteers.

Created by the National Center for Safe Routes to School in partnership with PedNet Coalition – a national leader in developing Walking School Bus programs.

Visit their website for more information:

<http://www.saferoutesinfo.org/>



Parent and School Personnel Education Information

Parents Can:

As a parent or caregiver, you want to do everything within your power to make sure your children are safe every time they walk out the door. The resources below can help you and your loved ones start the conversation.

- Visit NHTSA's Parents Central for information for young children. See www.safercar.gov/parents/walking.htm.
- Teach young children right-of-way rules and safe pedestrian behaviors.
- Conduct a walkability checklist of your favorite walking routes in your neighborhood. See www.nhtsa.gov/Driving+Safety/Pedestrians/Walkability+Checklist.
- See Parent and Caregiver Tip Sheets in NHTSA website:

<http://www.nhtsa.gov/>

ChildPedestrianSafetyCurriculum

Schools Can:

- Send Letters to Parents encouraging pedestrian safety at home, at playgrounds, and around the neighborhood.
- Morning Safety Message announcements
- Posters Around School
- Create a School Safety Plan with local officials
- Build sidewalks, bicycle paths and pedestrian –friendly infrastructure.
- Change attitudes and behaviors of both pedestrians and drivers
- Address gaps in current knowledge about pedestrian safety
- Collect data to measure how much children walk and identify factors putting them at risk for injury while walking.

